

Bowral phone: 02 4862 2444

As our class sizes are small, places are limited – so it is essential that you book ahead.

Bowral Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
7.00am		6:30am	7:00am	7.00am
8:00am	8:00am	8:00am	8:00am	8:00am
9:00am	9:00am	9:00am	9:00am	9:00am
10:00am	10:00am	10:00am	10:00am	10:00am
11:00am		11:00	1:00pm	11:00am
3:00pm	11:00am	12:00 Parkinsons group	3:00pm	
	1:00pm		4:00pm	
	3:00pm			
	4:00pm			
	5:00pm			