lifecare



Career paths, education and training in Physiotherapy



Why Lifecare?

We believe in team work. For many years Lifecare has been working with Physiotherapists to provide the best care and service to our valued clients.

This can only be achieved by working hard to support each Physiotherapist in all aspects of their career and development.

That is why Lifecare provides support for Physiotherapists in the form of: education, training, mentoring, outstanding facilities, and career path opportunities.

Joining the team at Lifecare will give you a stimulating and supportive working environment where clinical excellence and effective practice management are major priorities.

Our background

Lifecare began in 1985 and has developed into Australia's largest network of Physiotherapy, Sports Medicine and Allied Health Practices.

We have over 40 clinics across WA, NSW, VIC and QLD and more than 300 practitioners and an ever growing home visiting service.

The growth of Lifecare has been possible due to the ongoing focus on delivery of high quality clinical care and service.

Our Services

Lifecare operates as a network of multi-disciplinary clinics that are able to provide services through a variety of platforms.



Private Clinics

Our private clinics are fit out with up to date equipment and facilities to enable optimal care for clients. This includes areas designated for exercise classes and oneon-one treatment.



Clinical Exercise

Many of our clinics are set up with state of the art clinical exercise and pilates studios.



In-patient Physiotherapy

Some clinics provide in-patient physiotherapy services to hospitals, working with multidisciplinary teams to provide orthopaedic, neurological and cardiorespiratory physiotherapy.



Hydrotherapy

Several Lifecare clinics have their own hydrotherapy pools and a variety of equipment options to support elderly and disabled clients.



Complementary Allied Health Services

Lifecare clinics are set up to provide the best outcomes for clients. Our private clinics will often also include Sports Physicians, Podiatrists, Massage Therapists and Dieticians.





Lifecare graduate program and professional development

The Lifecare Graduate program is a comprehensive and structured program.

Graduate Sessions

To build skills in clinical work, management and business development. These sessions are led by Lifecare's Practice Principals and external presenters.

Centre-based Education

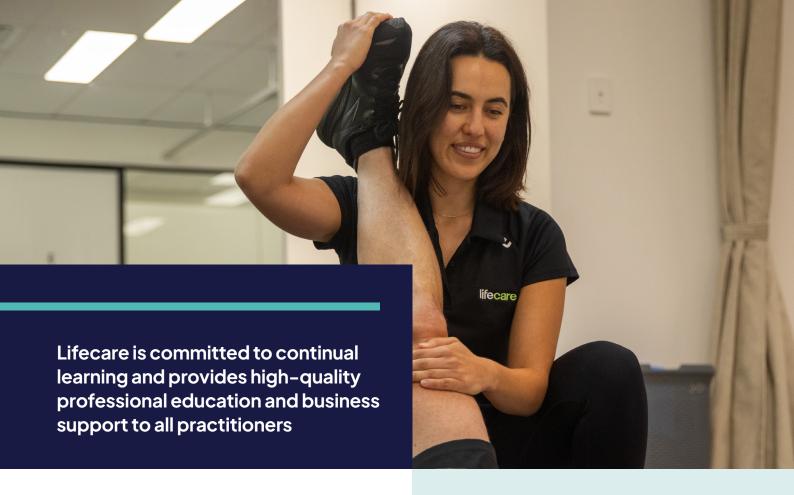
Small group sessions to further develop manual therapy skills, exercise prescription and clinical reasoning under the guidance of a senior practitioner.

Pilates Training (optional - WA only)

Lifecare offers an intensive course that is a blend of traditional and contemporary Pilates, focusing on evidence-based practice. This Lifecare course consists of 500 hours of instruction and assessment in basic and intermediate repertoire, special programming for lumbopelvic pain, as well as training for pregnancy and the postpartum period.

One-on-one Mentoring

With the Practice Principal to discuss clinical work, business development and career path options.



External Courses

The Lifecare network has access to some of Australia's top external presenters that offer courses to Lifecare practitioners at a discounted rate. In addition to this, Lifecare provides up to a 50% subsidy for external courses.

Physiotherapy Master Classes

Provides up to date presentations and the latest research from sought after presenters, considered experts in their field.

Physiotherapy Management Training

Designed to provide participants with the essential skills and tools to understand the business of Physiotherapy.

Workfit Training

A comprehensive cognitive behavioural therapy and exercise prescription programme, which provides practitioners with the skills and tools to work with employers and insurers to ensure complete patient care.





Lifecare is committed to independent clinical decision making. This is particularly beneficial for graduates as it means that they are able to discuss their consultation times so that they are more comfortable during this period of development.

- Who you are willing and able to treat
- What treatment you provide
- How long you spend with each patient
- What you charge for your services
- Who you refer to



Lifecare graduates are guaranteed a competitive minimal level of income for their first year. This includes annual leave, sick leave and super. Lifecare graduates will also be offered the opportunity to progress onto a different agreement that recognises those who build their patient load faster than expected.

Career path opportunities

Lifecare is a large, stable network with the resources you need to succeed.

- ✓ Highly trained team with a broad service offering
- ✓ Relationships with professional and semi-professional sporting teams
- ✓ Relationships with some of Australia's top specialists
- ✓ Clinics throughout WA, NSW, VIC and QLD.

Lifecare prides itself on its commitment to helping Practitioners progress in their career.



Practitioner



Clinic management

Providing opportunities for clinic management.



Mentors

Support to complete post-graduate studies with mentors who have completed post-graduate training.



Clinic equity

Providing opportunities for clinic equity. Many of our equity holders started off as Lifecare graduates.



Education management or HR

Establishing career pathways in education, HR or management.



Professional, semi-professional teams

Access and availability to work with professional and semi-professional sporting teams.

Contact us to help plan your career

To find out more about positions available at Lifecare please email careers@lifecare.com.au or visit lifecare.com.au/careers

